



“The Death of Jesus on the Cross”...

FROM THE GOSPEL ACCORDING TO - MARK - :

“At noon darkness came over the whole land until three in the afternoon. And at three o’clock Jesus cried out in a loud voice, ‘Eloi, Eloi, lema sabachthani?’ which is translated, ‘My God, my God, why have you forsaken me?’ ...[Then] Jesus gave a loud cry and breathed his last.” (Mark 15:33-34, 37)¹

MEDITATION ON THE MYSTERY:

The man who wants to discover – already on this earth – the mystery of eternity, must travel along the train-tracks of the Gospel laid down by Jesus the Man-God. The cross is the train, and to board it there is a price to pay: bearing, with love and for love, the hardships and tribulations of this life. (cf. SA, p. 12)

FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to the cross, the means of arriving at the resurrection, Blessed Justin Russolillo says: *“The train of our life in time runs quickly, and brings you closer to the final station...there is no time to waste on superfluous things or things that are minor compared to the divine union with the Lord.”*

(GIUSTINO RUSSOLILLO, *Libro dell’Anima*, III, 19 luglio 1953 [unpublished translation by pfsgm])

¹ NABRE (USCCB)

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen) :

-
-

Then follows ...

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)
- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...
- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria”